



Next class
begins 9/26/13:
**Sign up
now!**

Mobilizing Families

PRESENTED BY THE ARC - JEFFERSON, CLEAR CREEK & GILPIN COUNTIES

Does your child have special needs? **We can help!**

When your child is identified as having special needs, parents often feel like they are entering a new world without the basic tools and information to ensure their child's well-being. There is so much to learn that families often feel overwhelmed and struggle to get what they need for their child. Mobilizing Families is an award-winning, 9-week training program designed to equip families with the necessary resources to access support and be the best advocates for their children.

“Mobilizing Families gave us great direction and information to help our kids have a successful future.” DANI, 2010 GRADUATE

Thanks to the generosity of the McDonnell Family Foundation, *Mobilizing Families* is offered **FREE of charge**, including training materials dinner and childcare. **What are you waiting for?**

Classes will be held Thursday evenings from 6-8:30 PM on the following dates: September 26; October 3, 10, 17, 24 and 31; and November 7, 14, and 21. *This is a nine-part series and registrants should plan to attend all sessions.*

To register or for more information, please call Jo Lynn Osborne at (303) 232-1338 or email jolynn@arcjc.org.

SESSION TOPICS INCLUDE:

- **Identifying the Dream:** Identify, accept, grieve, revise, and regenerate their dreams for their child with special needs.
- **Understanding Special Education:** Learn about IDEA and other educational laws, your rights as a parent, and what to expect during an IEP meeting.
- **Accessing Community Resources:** Meet local agencies that support people with disabilities and their families.
- **Becoming an Effective Communicator:** Build your communication skills to ensure your educational and service meetings go smoothly.
- **Understanding the Legislative Process:** Learn about current issues that impact people with disabilities and how legislation and government-funded services are related.
- **Accessing Insurance & Health Care:** Struggling with medical needs and therapies? Learn how private insurance works and how to navigate the fine print.
- **Building Relationships in the Community:** Learn to identify and strategically tap into natural, non-agency support networks in your community.
- **What Lies Ahead:** Panels of parents, siblings and youth with disabilities share their experiences.