# LONG TERM CARE ELIGIBILITY ASSESSMENT

**General Instructions:** To qualify for Medicaid long-term care services, the recipient/applicant must have deficits in 2 of 6 Activities of Daily Living, ADLs, (2+ score) or require at least moderate (2+ score) in Behaviors or Memory/Cognition under Supervision.

## ACTIVITIES OF DAILY LIVING

## I. BATHING

Definition: The ability to shower, bathe or take sponge baths for the purpose of maintaining adequate hygiene.

ADL SCORING CRITERIA

□0=The client is independent in completing the activity safely.

1=The client requires oversight help or reminding; can bathe safely without assistance or supervision, but may not be able to get into and out of the tub alone.

2=The client requires hands on help or line of sight standby assistance throughout bathing activities in order to maintain safety, adequate hygiene and skin integrity.

3=The client is dependent on others to provide a complete bath.

#### Due To: (Score must be justified through one or more of the following conditions)

Physical Impairments:	Open Wound
Pain	Stoma Site
□Visually Impaired	Supervision:
Limited Range of Motion	Cognitive Impairment
Weakness	Memory Impairment
Balance Problems	Behavior Issues
Shortness of Breath	Lack of Awareness
Decreased Endurance	Difficulty Learning
Falls	Seizures
	Mental Health:
Neurological Impairment	Lack of Motivation/Apathy
□Oxygen Use	Delusional
Muscle Tone	Hallucinations

#### Comments:

## II. DRESSING

**Definition:** The ability to dress and undress as necessary. This includes the ability to put on prostheses, braces, anti-embolism hose or other assistive devices and includes fine motor coordination for buttons and zippers. Includes choice of appropriate clothing for the weather. Difficulties with a zipper or buttons at the back of a dress or blouse do not constitute a functional deficit.

#### ADL SCORE CRITERIA

0= The client is independent in completing activity safely.

1=The client can dress and undress, with or without assistive devices, but may need to be reminded or supervised to do so on some days.

2= The client needs significant verbal or physical assistance to complete dressing or undressing, within a reasonable amount of time.

□3= The client is totally dependent on others for dressing and undressing

#### Due To: (Score must be justified through one or more of the following conditions)

Physical Impairments:	Supervision:
Pain	Cognitive Impairment
Sensory Impairment	Memory Impairment
Limited Range of Motion	Behavior Issues
Weakness	Lack of Awareness
Balance Problems	Difficulty Learning
□Shortness of Breath	Seizures
Decreased Endurance	Mental Health:
Fine Motor Impairment	Lack of Motivation/Apathy
□Paralysis	Delusional
Neurological Impairment	Hallucinations
Bladder Incontinence	Paranoia
Bowel Incontinence	
□Oxygen Use	
Muscle Tone	
☐Open Wound	

## III. TOILETING

**Definition:** The ability to use the toilet, commode, bedpan or urinal. This includes transferring on/off the toilet, cleansing of self, changing of apparel, managing an ostomy or catheter and adjusting clothing.

#### ADL SCORE CRITERIA

0=The client is independent in completing activity safely.

1=The client may need minimal assistance, assistive device, or cueing with parts of the task for safety, such as clothing adjustment, changing protective garment, washing hands, wiping and cleansing.

2=The client needs physical assistance or standby with toileting, including bowel/bladder training, a bowel/bladder program, catheter, ostomy care for safety or is unable to keep self and environment clean.

□3=The client is unable to use the toilet. The client is dependent on continual observation, total cleansing, and changing of garments and linens. This may include total care of catheter or ostomy. The client may or may not be aware of own needs.

#### Due To: (Score must be justified through one or more of the following conditions)

Physical Impairments:	
Pain	
Visual Impairment	Supervision Need:
Limited Range of Motion	Cognitive Impairment
Weakness	Memory Impairment
□Shortness of Breath	Behavior Issues
Decreased Endurance	Lack of Awareness
Fine Motor_Impairment	Difficulty Learning
Paralysis	Seizures
Neurological Impairment	Mental Health:
Bladder Incontinence	Lack of Motivation/Apathy
Bowel Incontinence	Delusional
	Hallucinations
Oxygen Use	
Physiological defect	
Balance	
Muscle Tone	

Comments:

#### IV. MOBILITY

**Definition**: The ability to move between locations in the individual's living environment inside and outside the home. Note: Score client's mobility without regard to use of equipment other than the use of prosthesis.

ADL SCORE CRITERIA

0=The client is independent in completing activity safely.

1=The client is mobile in their own home but may need assistance outside the home.

2=The client is not safe to ambulate or move between locations alone; needs regular cueing, stand-by assistance, or hands on assistance for safety both in the home and outside the home.

3=The client is dependent on others for all mobility.

#### Due To: (Score must be justified through one or more of the following conditions)

Due To: (Score must be justified through one of more of the follow	
Physical Impairments:	Supervision Need:
Pain	Cognitive Impairment
Sensory Impairment	Memory Impairment
Limited Range of Motion	Behavior Issues
Weakness	Lack of Awareness
□Shortness of Breath	Difficulty Learning
Decreased Endurance	Seizures
Fine or Gross Motor Impairment	History of Falls
Paralysis	Mental Health:
Neurological Impairment	Lack of Motivation/Apathy
Amputation	Delusional
□Oxygen Use	Hallucinations
Balance	Paranoia
Muscle Tone	

# LONG TERM CARE ELIGIBILITY ASSESSMENT: ADLS (continued)

## V. TRANSFERRING

**Definition**: The physical ability to move between surfaces: from bed/chair to wheelchair, walker or standing position; the ability to get in and out of bed or usual sleeping place; the ability to use assisted devices for transfers. Note: Score client's mobility without regard to use of equipment.

ADL SCORE CRITERIA

□0=The client is independent in completing activity safely.

1=The client transfers safely without assistance most of the time, but may need standby assistance for cueing or balance; occasional hands on assistance needed.

2=The client transfer requires standby or hands on assistance for safety; client may bear some weight.

3=The client requires total assistance for transfers and/or positioning with or without equipment.

#### Due To: (Score must be justified through one or more of the following conditions)

Physical Impairments:	Supervision Need:
Pain	Cognitive_Impairment
Sensory Impairment	Memory Impairment
Limited Range of Motion	Behavior Issues
Weakness	Lack of Awareness
Balance Problems	Difficulty Learning
□Shortness of Breath	Seizures
□Falls	Mental Health:
Decreased Endurance	Lack of Motivation/Apathy
□Paralysis	Delusional
Neurological Impairment	Hallucinations
	Paranoia
Oxygen Use	

Comments:

## VI. EATING

Definition: The ability to eat and drink using routine or adaptive utensils. This also includes the ability to cut, chew and swallow food. Note: If a person is fed via tube feedings or intravenously, check box 0 if they can do independently, or box 1, 2, or 3 if they require another person to assist.

#### ADL SCORE CRITERIA

0=The client is independent in completing activity safely

1=The client can feed self, chew and swallow foods but may need reminding to maintain adequate intake; may need food cut up; can feed self if food brought to them, with or without adaptive feeding equipment.

2=The client can feed self but needs line of sight standby assistance for frequent gagging, choking, swallowing difficulty; or aspiration resulting in the need for medical intervention. The client needs reminder/assistance with adaptive feeding equipment; or must be fed some or all food by mouth by another person.

3=The client must be totally fed by another person; must be fed by another person by stomach tube or venous access.

#### Due To: (Score must be justified through one or more of the following conditions)

Physical Impairments:	Tube Feeding
Pain	
□Visual Impairment	Supervision Need:
Limited Range of Motion	Cognitive Impairment
Weakness	Memory Impairment
Shortness of Breath	Behavior Issues
Decreased Endurance	Lack of Awareness
□Paralysis	Difficulty Learning
Neurological Impairment	Seizures
	Mental Health:
□Oxygen Use	Lack of Motivation/Apathy
Fine Motor Impairment	Delusional
Poor Dentition	Hallucinations
	Paranoia
Swallowing Problems	

# LONG TERM CARE ELIGIBILITY ASSESSMENT: Supervision

## VII. SUPERVISION

## Behaviors

**Definition:** The ability to engage in safe actions and interactions and refrain from unsafe actions and interactions (Note, consider the client's inability versus unwillingness to refrain from unsafe actions and interactions).

#### Scoring Criteria:

0=The client demonstrates appropriate behavior; there is no concern.

1=The client exhibits some inappropriate behaviors but not resulting in injury to self, others and/or property. The client may require redirection. Minimal intervention is needed.

2= The client exhibits inappropriate behaviors that put self, others or property at risk. The client frequently requires more than verbal redirection to interrupt inappropriate behaviors.

□3=The client exhibits behaviors resulting in physical harm for self or others. The client requires extensive supervision to prevent physical harm to self or others.

#### Due To: (Score must be justified through one or more of the following conditions)

Physical Impairments:	
Chronic Medical Condition	Aggressive Behavior
Acute Illness	Cognitive Impairment
Pain	Difficulty Learning
Neurological Impairment	Memory Impairment
	Verbal Abusiveness
Sensory Impairment	Constant Vocalization
Communication Impairment (not inability to speak English)	Sleep Deprivation
Mental Health:	Self-Injurious Behavior
Lack of Motivation/Apathy	Impaired Judgment
Delusional	Disruptive to Others
Hallucinations	Disassociation
Paranoia	Wandering
Mood Instability	
Supervision needs:	Self Neglect
Short Term Memory Loss	Medication Management
Long Term Memory Loss	-

Comments:

#### VIII. MEMORY/COGNITION DEFICIT

Definition: The age appropriate ability to acquire and use information, reason, problem solve, complete tasks or communicate needs in order to care for oneself safely.

#### Scoring Criteria:

0= Independent no concern

1= The client can make safe decisions in familiar/routine situations, but needs some help with decision making support when faced with new tasks, consistent with individual's values and goals.

 $\Box$ 2= The client requires consistent and ongoing reminding and assistance with planning, or requires regular assistance with adjusting to both new and familiar routines, including regular monitoring and/or supervision, or is unable to make safe decisions, or cannot make his/her basic needs known.  $\Box$ 3= The client needs help most or all of time.

#### Due To: (Score must be justified through one or more of the following conditions)

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Physical Impairments:	Self-Injurious Behavior
Metabolic Disorder	Impaired Judgment
Medication Reaction	Unable to Follow Directions
Acute Illness	Constant Vocalizations
Pain	Perseveration
Neurological Impairment	Receptive Expressive Aphasia
Alzheimer's/Dementia	Agitation
Sensory Impairment	Disassociation
Chronic Medical Condition	Wandering
Communication Impairment (does not include ability to speak English)	Lack of Awareness
Abnormal Oxygen Saturation	Seizures
Fine Motor Impairment	Medication Management
Supervision Needs:	Mental Health:
	Lack of Motivation/Apathy
Cognitive Impairment	Delusional
Difficulty Learning	Hallucinations
Memory Impairment	Paranoia
	Mood Instability

# **Assessment Demographics:**

Location of Assessment:	Present at Interview:
Applicant's private residence/home Uvrsing Home Hospital/other health care facility Assisted Living Agency Office Relative's home Other:	Applicant Only Caregiver(s) only Applicant and caregiver(s) Other: Applicant and others

#### Most of the interview information was provided by:

Applicant
Caregiver
Applicant and Caregiver equally

Medical record
Facility Staff
Other:\_\_\_\_

# Living Environment:

Safe	Services cannot be delivered here	
Safe with feasible modifications	Client needs to move so services can be delivered	
Services can be delivered here	Client needs to move to a safer environment	
	Special home assessment needed	

## **Adult Protective Services Risk:**

Person is known to be a current client of Adult Protective Services (APS) Yes 🗌 No 🗌

# Risk Evident During Assessment: (Check any that apply.)

□No risk factors or evidence of abuse or neglect apparent at this time.

The individual is currently failing or is at high risk of failing to obtain nutrition, self-care, or safety adequate to avoid Significant negative health outcomes.

Risk factors present; however, LTC services may resolve issues. No APS referral being made at this time. There are <u>statements of, or evidence of</u>, possible abuse, neglect, self-neglect, or financial exploitation.

□Referring to APS now?

Yes 🗌 🛛 No 🗌

Ince Directives and Legal Documents:
Living Will:
Power of Attorney
Financial Power of Attorney:
General Power of Attorney:
Medical Power of Attorney:
Conservator:
Guardian:

Comments/Narrative: